

Schedule of Events

Friday, October 17th

8:00-9:00 a.m.

REGISTRATION AND CONTINENTAL BREAKFAST

9:00-11:00 a.m.

GERALD EPSTEIN, M.D. – KEYNOTE ADDRESS

*The Defeat of Death:
A Spiritual Scientist's Recipe for Eternal Life*

12:45-2:45 p.m.

ORI SOLTES, Ph.D

Mortality and Immortality in the Human Mind

3:15-5:15 p.m.

TIRZA MOUSSAIEFF, M.A. Ph.D Cand.

*Going from the Tree of Death to the Tree of Life:
The Ancient Secret for Immortality*

5:30-6:30 p.m.

WINE AND CHEESE RECEPTION

Saturday, October 18th

8:00-9:00 a.m.

CONTINENTAL BREAKFAST

9:00-11:00 a.m.

CATHERINE SHAINBERG, Ph. D.

Activating the Light Body: The Golden Seed of Immortality

12:45-2:45 p.m.

RICK JAROW, Ph.D.

The Quest for Immortality in the Hermetic Tradition

3:15-5:15 p.m.

CLAUDE SWANSON, Ph.D.

Physics in Higher Dimensions: The Science of the Afterlife

5:30-7:00 p.m.

MUSICAL • KENNETH K. GUILMARTIN, COMPOSER

Excerpts from *The Marriage of Heaven and Hell*
Based on William Blake's poetic works

Sunday, October 19th

8:00-9:00 a.m.

CONTINENTAL BREAKFAST

9:00 a.m.-1:00 p.m.

MODERATOR: ELIZABETH BARRETT, R.N., Ph.D., FAAN

Round Table Discussion with Audience Participation

CLOSING IMAGERY EXERCISE

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Registration Information

Register early - seating is limited

DATES: Friday October 17th –
Sunday October 19th, 2008

PLACE: House of the Redeemer,
7 East 95th Street,
New York City

COST: \$400

TWO WAYS TO REGISTER:

1. Via the web, go to www.drjerryepstein.org and click on CONFERENCE.
2. Via post, make check payable for \$400 to AIMI and mail to:

AIMI
c/o Gerald Epstein, MD
16 East 96th Street, Suite #1A
New York, NY 10128

Please include your name, address, telephone number and email with your check.

FOR QUESTIONS CALL:

Dr. Jerry Epstein at 212-369-4080
or email: jerry@drjerryepstein.org

About AIMI:

The American Institute for Mental Imagery (AIMI) is a New York State Regents chartered post-graduate training center in integrative healthcare offering certification to all healthcare professionals. AIMI also offers adult education classes on Western Spirituality. For a full listing of courses, visit www.drjerryepstein.org and click on Schools.

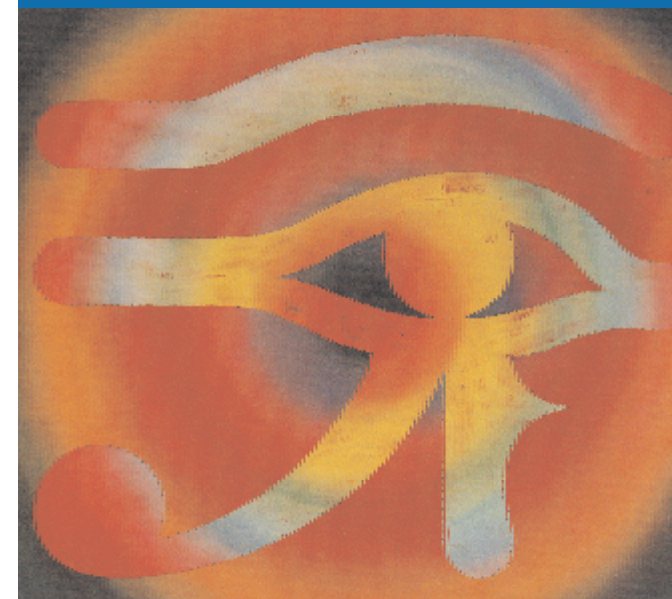
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AMERICAN INSTITUTE FOR MENTAL IMAGERY

presents the second annual conference



Imagination, Spirit and Immortality: The Quest for Eternal Life



Painting: Harry Smith

October 17-19, 2008

Oct 17: 9 AM – 5 PM Oct 18: 9 AM – 5 PM
Oct 19: 9 AM – 1 PM

House of the Redeemer
7 East 95th Street
New York City

Fee: \$400

SEATING IS LIMITED SO RESERVE EARLY

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Overview

PRESENTERS

Elizabeth A. M. Barrett, R.N., Ph.D., FAAN (Moderator)
Gerald Epstein, M.D. (Convener, Keynote, Immortality)
E. H. "Rick" Jarow, Ph.D. (Spirit)
Tirza Moussaieff, M.A. Ph.D. Cand. (Imagination)
Catherine Shainberg, Ph.D. (Imagination)
Ori Z. Soltes, Ph.D. (Spirit)
Claude Swanson, Ph.D. (Immortality)

Teilhard de Chardin, the renowned spiritual savant and scientist, said "Death is the last enemy to be defeated." In this original and provocative conference, six leading thinkers come together to provide a revelatory and natural scientific perspective on the long-held, but unaddressed matter of extended life, longevity, and eventually, eternal life. In the natural scientific field, there is a growing movement of inquiry into anti-aging, longevity and immortality of the body. Here, in this two and a half day conference, participants will be given an opportunity to learn about and experience the spiritual truth of this possibility – not as metaphor but as a concrete reality.

During the conference, we will explore the meaning of immortality through the wisdom of world myths and legends (Soltes) and delve into the western Hermetic practice of the Journey of the Soul (Jarow). We shall experience the divine language called image to deepen our connection to the larger reality of eternal existence. To accomplish this, we will imaginatively journey back to paradise (Moussaieff) and build an immortal body of light (Shainberg). Finally, we shall share the adventures and insights of two scientists: One who has pushed the envelope of the natural science paradigm to integrate these higher dimensional realities into a new science of consciousness (Swanson), and one who has articulated and honed the essential Western spiritual sciences to reach toward eternal life (Epstein). The conference concludes with a round-table question and answer session with audience participation (Barrett).

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The Presenters and their Presentations

Friday, October 17th, 9:00-11:00 a.m.



Gerald Epstein, M.D.
Keynote Address

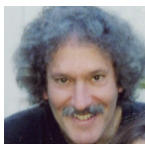
The Defeat of Death: A spiritual Scientist's Recipe for Eternal Life

"I set before you this day life and death, good and evil. Choose life so that you and your descendants may live." This is God's message to all people (Deut. 30).

Perhaps, these are the most potent and hopeful words in the sacred texts of Western spirituality. They grant us the power and possibility to become immortal. The basis for how this resurrective process works and how we may actively and practically apply this call to Life will be the subject of this groundbreaking presentation. The ingredients in this recipe for choosing eternal life include: Energy conservation, Neg-entropic (non-decaying) action, Detaching from time, and Overcoming the five dark currents of will. The practices for all of these will be shared for everyone to experience.

Dr. Epstein is director of AIMI and author of *Healing Visualizations*, the landmark book for healing through the mind. In addition, his works include: *Healing Into Immortality*, *Kabbalah For Inner Peace*, *The Phoenix Process: One Minute A Day To Health, Longevity & Well Being* and *The Natural Laws of Self Healing*. He teaches in the US and abroad and conducts a private practice, trains clinicians, and offers classes to the public in New York City.

Friday, October 17th, 12:45-2:45 p.m.



Ori Z. Soltes, Ph.D.

Mortality and Immortality in the Human Mind

Human terminology calls our species *mortal* – which English term derives from the Latin "mors," meaning "death" – thus distinguishing us from beings we think of as *immortal*, undying. But we are the only mortal species that wonders about, imagines, yearns for immortality. And it is apparently not clear, in considering human thought, that we *are* merely mortal – and if we are not, in what ways we might be immortal. This session will wrestle with the double question – of human immortality and *kinds* of immortality – by briefly considering a range of traditions in which the question has been

addressed. The goal will not be to answer that question but to be enriched by considering some of the myriad ways in which humans have tried to answer it.

Ori Z. Soltes is Professorial Lecturer in Theology at Georgetown University and former Director and Chief Curator at the B'nai B'rith Klutznick National Jewish Museum. He is the author of over 140 books, articles, and catalogue essays on a range of topics from linguistics and literature to philosophy, theology and art history. Among these is the book *Our Sacred Signs: How Jewish, Christian and Muslim Art Draw from the Same Well* (2002) and *Seeking Oneness with the One: Mysticism in the Jewish, Christian, and Muslim Traditions* (2008).

Friday, October 17th, 3:15-5:15 p.m.



Tirza Moussaieff, Ph.D. Cand.

*Going from the Tree of Death to the Tree of Life:
The Ancient Secret for Immortality*

Originally we are meant to live forever. Back in the Garden of Eden, before doubt sets in there is no death. Death arises in the Bible, due to the seduction of Eve by the snake when he injected her with *doubt*. This doubt continues to infect each of us, impeding our life flow, creating illness and eventual death. Our collective mission is to correct this error and discover the secret for living forever. At Mount Sinai the Israelites received the Torah - the remedy for doubt - and tasted immortality: the sick were healed, the blind could see, the deaf could hear, and the lame could walk.

We are connected through God to the tree of life which has its roots in heaven and branches turned down toward earth. To reach the Source-Eden and tree of life, we reverse our habits. To journey back to paradise, she will use very short Bible-based imagery exercises from her forthcoming book.

Ms. Moussaieff was born in Jerusalem to a family of great sages and mystics from Central Asia. She has an M.Ed, M.A. in psychology, and is a Ph.D. candidate in Kabbalah at Bar-Ilan University in Israel. She studied imagery with Mme. Colette Aboulker-Muscat from 1977-2003.

Saturday, October 18th, 9:00-11:00 a.m.



Catherine Shainberg, Ph. D.

*Activating the Light Body:
The Golden Seed of Immortality*

Can the body live forever? The Bible mentions three individuals who ascended to Heaven in their physical bodies. Does this mean we can reverse

death? The secret, we are told, lies in a seed-like bone called Luz, situated at the place where the skull and the spine meet. This bone does not decompose and is the matter from which God will form the resurrected body. Luz is a bone; an almond tree; a city where people always tell the truth and death doesn't exist. In order to return to this original state of no-death we must learn from the three Immortals the secret of activating the light body.

Catherine Shainberg, Ph.D. is an internationally recognized leading practitioner of the therapeutic uses of Imagination. Her unique contribution to the field is a pioneering comprehensive physiotherapy through images, using the light body. Author of the seminal book, *Kabbalah and the Power of Dreaming*, her forthcoming book, *DreamBirth*, uses imagery in the birth process. Founder of the School Of Images in NYC, she also teaches internationally. Visit her website www.schoolofimages.com for more information about her unique work in Imagery and Creativity.

Saturday, October 18th, 12:45-2:45 p.m.



E.H. "Rick" Jarow, Ph.D.

The Quest for Immortality in the Hermetic Tradition

The Hermetic tradition represents one of the great Western spiritual traditions, co-existing with Monotheism. In this richly experiential presentation, Dr. Jarow opens us to the journey of the soul through the "seven planetary governors" as they were mapped out by the adepts of the great Hermetic tradition. This transformational process profoundly deepens our understanding of who we are, where we are going, and what we need to do as it takes us through the worlds of illusion to the worlds of immortality.

In doing so Professor Jarow demonstrates the spiritual scientific laws of attention, manifestation, correspondence, and healing that lay along the Hermetic path as we open to a living book of nature and organic symbols in our quest for wholeness beyond time. The dramatic conclusion of this experiential and didactic presentation weaves together the dimensions of dreaming, healing, and life-design as we open beyond the matrix of becoming to our most radiant expressions of authenticity and wholeness in the act of discovering our immortal Self.

Professor Rick Jarow is Professor of Religious Studies at Vassar College in Poughkeepsie, New York. He is a teacher and facilitator of interior journeys through meditation and the therapeutic arts and the author of *Alchemy of Abundance*, *Tales for the Dying* and *In Search of the Sacred*.

Saturday, October 18th, 3:15-5:15 p.m.



Claude Swanson, Ph.D.

*Physics in Higher Dimensions:
The Science of the Afterlife*

Scientific evidence of the afterlife comes from many sources. Accounts of near-death experiences, out-of-body experiences, past life regressions, research with mediums, electronic voice phenomena and other studies support the existence of higher dimensional realms in which our consciousness continues after death.

At the same time, Western science is undergoing a dramatic revolution as it begins to acknowledge these forces, which it cannot explain. Powerful qigong masters have demonstrated that when this energy, called subtle energy, is present, the laws of physics fail. This force is really the intrusion of the higher dimensional planes into our physical world. As science studies this energy, it is building a bridge between the normal 3-D physical world and the spiritual dimensions of the afterlife.

Dr. Swanson has developed a theory, called the Synchronized Universe Model, which expands current physics to explain these phenomena. It helps explain our relationship to the higher dimensions, and introduces a new science of consciousness into physics. Swanson was educated as a physicist at MIT and Princeton University, and has conducted research into both applied physics and the physics of the paranormal for three decades. He is the author of *The Synchronized Universe-New Science of the Paranormal*.

Sunday, October 19th, 9:00 a.m.-1:00 p.m.



MODERATOR

Elizabeth Ann Manhart Barrett, R.N., Ph.D., FAAN

Round Table discussion with audience participation

Elizabeth Ann Manhart Barrett, R.N., Ph.D., FAAN is a Professor Emerita, Hunter College, City University of New York, a Health Patterning Therapist, and Therapeutic Touch Practitioner, in private practice in New York, as well as a research consultant. She is the author of nearly 100 publications, including editor or co-editor of four books. She has lectured on her theory of Power as Knowing Participation in Change nationally and internationally. About 75 research studies using the power theory and/or power measurement instrument have been conducted in the U.S. and abroad.